

Small Group Notes

1st September 2019

Welcome

How are you doing?

How have you seen Jesus at work in your life this week?

Worship

Start by spending some time in worship together. If you have someone who can play a guitar or another instrument, ask if they will lead your group in some live worship or choose a couple songs to help lead people into God's presence. Otherwise we have compiled a couple of playlists with a range of songs for you to use during worship and ministry.

[Small Group Spotify playlist](#)

[Small Group Youtube playlist](#)

MORE - A series in the book of Ephesians

Honour (Relationships)

Rob

Ephesians 5:21-6:9

Read bible text

One sentence talk summary

2-4 main points

Questions for application - 2/3 questions max.

- 1. For those there, what did Jesus say to you? (personal)*
- 2. What did you find most challenging about this passage?*
- 3. What is the significance of verse 21 in the context of the whole passage?*
- 4. What would it look like for you to 'submit to one another' in your home, work and social life?*
- 5. What does Paul mean by 'out of reverence to Christ'?*
- 6. Are there any challenges you face in your own relationships - at home, work or in another environment?*
- 7. Are there any steps you could take this week in your relationships?*

These last 2 questions may lead directly into ministry. You may want to consider sharing and praying with people of the same gender this week.

Prayer ministry

Spend time praying for each other. The goal here is not to simply intercede for one another, we believe that the Holy Spirit is present and ready to bring change and healing today!

The follow the model below is based on how Jesus prayed for people. It's not a formula but a model we've found extremely helpful. As we demonstrate it, others will "catch it".

There are 3 simple steps: **ASK – PRAY - ASK**

- i) **ASK** – ask the person what they're asking Jesus to do for them
And ASK the Holy Spirit what He is wanting to do

- ii) **PRAY** – like Jesus did, pray your best prayers
- iii) **ASK** – what's happening? If the pain was a 10 out of 10 when they walked in tonight, ask them what they would score the pain now? What are the next steps? Thank God and ask for more. You may find it helpful to go through these steps 2-3 times.

Pray for others with your eyes open - we want to see what God is doing and respond accordingly.

To ponder or pray about this week...

Encourage people to think and pray about what steps they might take in their relationships and follow up next time you meet.