

Small Group Talk Notes

Date - 8th January 2023

Sermon series - Flourish

Talk title - DTI Sunday/Flourish

Speaker - Andy Chapman

Welcome

How are you doing?

How have you seen Jesus at work in your life this week?

Worship

Start by spending some time in worship together. If you have someone who can play an instrument, ask if they will lead your group in some live worship or choose a couple songs to help lead people into God's presence. Otherwise we have compiled a couple of playlists with a range of songs for you to use during worship and ministry.

[Spotify playlist](#)

[Youtube playlist](#)

Bible

Bible Text - John 10:10-11

Spend some time reading through the bible text together

Talk summary

Jesus tells us that He came to give us life to the full

Main talk points

- Jesus reminds us that life can be robbed; what are the things that rob you of Jesus' life?
- His life for us is made possible because He gave His life for us

Questions for application

Encourage people to share for themselves, to share deeply and to make sure everyone has a chance to speak. Sometimes quieter members of the group may need some encouragement. If you're encouraging people to share deeply, be willing to start by sharing yourself.

- For those who heard Sunday's talk, what did Jesus say to you personally?

"Resolutions are good, but a rule of life is better. Resolutions are often about goals that require lots of will power - a rule of life is about submitting to Spirit empowered rhythms, practices & relationships that reorder our hearts and form our wills." (Rich Villodas)

4 "rule of life" questions:

- 1) What are the spiritual disciplines you need to anchor you in a life with God?
- 2) What are the practices of self-care you need to care for your body & nurture your soul?

3) *What core relationships do you need in this season of life to support you on your journey?*

4) *What are the gifts, passions & burdens within that God wants you to express for the blessing of others?*

- *What are some obstacles to applying these principles to our life today?*
- *As we've been discussing this, what is the Holy Spirit showing you personally?*

The aim is to lead into a time of prayer ministry...

Prayer ministry

Spend time praying for each other. The goal here is not to simply intercede for one another, we believe that the Holy Spirit is present and ready to bring change and healing today!

The follow the model below is based on how Jesus prayed for people. It's not a formula but a model we've found extremely helpful:

There are 3 simple steps: **ASK – PRAY – ASK**

- i) **ASK** – ask the person what they're asking Jesus to do for them
And ASK the Holy Spirit what He is wanting to do
- ii) **PRAY** – like Jesus did, pray your best prayers
- iii) **ASK** – what's happening? If the pain was a 10 out of 10 when they walked in tonight, ask them what they would score the pain now? What are the next steps? Thank God and ask for more. You may find it helpful to go through these steps 2-3 times.

Pray for others with your eyes open – we want to see what God is doing and respond accordingly.

To ponder or pray about this week...

What one thing will you do differently this week as a result of what we've been talking about today?